



## PRE-PROCEDURE INSTRUCTIONS

### ONE WEEK PRIOR TO YOUR VASECTOMY

Do not take any anti-inflammatory medicines (ibuprofen, aspirin, naproxen) one week prior to your procedure.

### ONE DAY BEFORE YOUR VASECTOMY

- Shower, clean and shave the front of the scrotum in the area where the penis and scrotum meet
- Refrain from alcohol the day prior to your procedure, it acts as a blood thinner
- Fill out and electronically sign the following forms in the [patient portal](#), including:
  - Patient Consent Form
  - Patient Information Form
- The Patient Consent Video must be watched (<https://weekendvasectomy.com/patient-forms/>)

### DAY OF YOUR VASECTOMY

- You can eat the morning of your appointment, no fasting is required
- Wear comfortable clothes
- Arrive 15 minutes early to check in
- Bring your picture ID and your insurance card
- You can drive yourself to and from the appointment

### CANCELLATIONS

If you need to cancel or change your appointment, please call us at 801-200-2999. We request that this be done no later than 72 hours prior to your appointment. Please do not use our online scheduling tool to make changes to your appointment.

### PAYMENT

Payment is due at time of service. We accept credit, debit, FSA and HSA cards. We do not accept cash or check.